



MEDITATIONS

weddings + events + catering

1205 North Country Club Road Stillwater, OK 74075 • phone (405) 377-7771 • fax (405) 377-7781

Dinner Menu

All entrees served with house salad, house dessert (specialty salads & desserts are available & are additional), dinner roll, water, tea, & coffee. Prices are per person.

Chicken

Hand Breaded 7oz Chicken Fried Chicken

home style mashed potatoes, sautéed green beans with mushrooms, & rich brown gravy

Crispy Chicken Marinara w/ Melted Provolone

penne alla panna w/ fresh basil, oven roasted tomatoes, caramelized onion, roasted garlic, kalamata olives, parmesan cheese, & white wine

7oz Honey Almond Chicken

wild rice pilaf, sun dried tomatoes, & sautéed seasonal vegetables

Baked Garlic Focaccia Chicken Alfredo

parmesan gnocchi, fresh basil, & asparagus

Grilled Chicken & Portobello Mushroom Rigatoni

fresh basil w/ rigatoni in an alla panna sauce, & baby portobello mushroom

Caribbean Jerk Chicken & Grilled Shrimp

ginger mint basmati rice pilaf, dried cranberries, pineapple, & coconut cream

Prosciutto Ham & Provolone Cheese Stuffed Airline Chicken Breast

creamy wild mushroom risotto, cherry tomatoes, asparagus, caramelized onion, grated parmesan, & smoked tomato demi-glace

Wild Mushroom Stuffed Chicken Wellington

grilled French green beans, red onions, w/ madeira wine veal reduction



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Beef

All steaks are prepared medium. We do not accommodate individual temperatures, but we will do our best to accommodate when requested during the event.

Slow Roasted Brisket

beer marinated brisket served with mashed potatoes w/ rich brown gravy, sautéed seasonal vegetables, & barbecue sauce.

Hand Breaded Chicken Fried Steak

mashed potatoes, stewed green beans with mushrooms, & rich brown gravy

Spicy Southwest Marinated Grilled Flat Iron Steak

bacon & cheddar twice baked potato, sautéed green beans, & burgundy mushroom

Marinated Kensington Club Steak

bacon cheddar & chive twice baked potato w/ sautéed green beans, burgundy mushrooms, & natural pan jus

Grilled Trimmed K.C. Strip Steak or Rib-Eye Steak

bacon cheddar & chive twice baked potato, sautéed carrots & sweet onions, & madeira wine pan reduction

Pecan Smoked Herb Rubbed Prime Rib of Beef

bacon cheddar mashed potatoes, sautéed green beans, w/ au jus & horseradish

8oz Oven Roasted Beef Tenderloin Filet w/ Sautéed Wild Mushrooms

rosemary & roasted garlic whipped baby red potatoes, grilled asparagus, spinach w/ madeira wine, & whole grain mustard veal reduction

Wild Mushroom & Foie Gras Stuffed Beef Wellington

white truffle scented whipped potatoes, grilled hert covert, shiitake mushrooms, & madeira wine veal reduction



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Pork

6oz Grilled Black Ham Steak

brown sugar roasted pineapple, stewed green beans, mashed potatoes, & rich brown gravy

Rosemary & Sage Roasted Pork Loin

herb & butter steams baby bliss potatoes, honey glazed baby carrots, & pineapple chutney

Grilled Pork T-Bone

sautéed mushrooms & onions, bacon & cheddar twice backed potato, mushroom gravy, sautéed carrots, & sugar snap peas

Whole Grain Mustard Rubbed Pork Loin

twice baked potato, grilled jumbo asparagus, caramelized onions, & wild mushrooms, topped w/ ancho chili barbecue sauce

Slow Roasted Barbecue Glazed Baby Back Ribs

bacon cheddar backed potato salad, creamy coleslaw, jalapeno baked beans, & sweet corn bread

Half rack – Full Rack

Cherry Wood Smoked Pork Chop

bone-in, double thick, served with red skin garlic mashed potatoes, wild mushrooms, sautéed spinach, grilled asparagus, & mushroom cream sauce

Maple Glazed Pork Tenderloin

baked sweet potato w/ brown sugar & sweet cream butter, honey & herb glazed baby carrots, topped w/ port wine cranberry demi-glace

Hickory & Mesquite Wood Fired Pork Chops

rosemary roasted fingerling potatoes, sugar snap peas, glazed carrots, apricot compote, topped w/ stone ground mustard demi-glace



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Seafood

Beer Battered Catfish Fillet

iron monk milk stout battered, bacon & cheddar baked potato salad, hush puppies, creamy coleslaw, tartar sauce, & cocktail sauce

Citrus Broiled Alaskan Tilapia

roasted garlic & chive mashed potatoes, sautéed asparagus, cherry tomatoes, spinach, & tobiko caviar butter sauce

Jumbo Grilled Shrimp & Cheese Tortellini

six shrimp, tri-color three cheese tortellini, fresh basil, spinach, cherry tomatoes, & lemon butter

Tapenade & Crab Stuffed Boneless Rainbow Trout

wild rice pilaf, sundried tomatoes, artichoke hearts, & smoked tomato coulis

Potato Crusted Atlantic Salmon Filet

fresh sweet corn, bell peppers, spinach, roasted tomatoes, wild mushrooms, fresh herbs, & lemon chive butter sauce

Grilled Fillet of Ancho Barbecue Glazed Salmon

lobster mashed potatoes, sautéed cherry tomatoes, spinach, wild mushrooms, topped w/ green peppercorn lemon butter sauce

Grilled Atlantic Swordfish Steak & Papaya Chutney

sundried cranberry couscous, spinach, leek, roasted garlic, papaya chutney, & pineapple nagé

Lump Crab Cake & Grilled Jumbo Gulf Shrimp

chipotle roasted garlic mashed potatoes, sautéed spinach, sweet red onion, cherry tomatoes, & fire roasted bell pepper remoulade



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Duel Entrees

Honey Almond Chicken & Slow Roasted Brisket

wild rice pilaf, sautéed green beans, caramelized onions, & barbecue sauce

Ancho Rubbed Grilled Pork Tenderloin & Skewered Grilled Shrimp

cajun boiled baby red potatoes, sweet corn, bell pepper sauté, & chipotle barbecue sauce

Grilled Swordfish & Pan Seared Sea Scallops

lobster mashed potatoes, sautéed spinach, shiitake mushrooms, roasted garlic, cherry tomatoes, mango papaya chutney, & citrus chive butter sauce

Apple Wood Smoked Pork Tenderloin & Grilled Orange Marmalade Duck Sausage

warm austrain potato salad, cauliflower ragout, braised fennel, roasted tomatoes, & lemon caper nagé

8 oz. Kansas City Strip Steak & Grilled Jumbo Shrimp

sea salt crusted jumbo baked potato w/ sour cream & butter, burgundy mushrooms, & sherry wine pan reduction

Filet of Beef & Grilled Colorado Lamb Chops

herb rubbed filet, wild mushroom risotto, heirloom tomatoes, spinach, asparagus tips, roasted garlic, & black truffle demi-glace

Beef Tenderloin Filet & Ancho Barbecue Salmon Fillet

oven roasted filet, black truffle whipped potatoes, sautéed french green beans, wild mushrooms, heirloom tomatoes, spinach, & sundried tomato veal reduction